

LIFE IN A CHAIR

Hey there! My name is Lauren Compere, and I am a quadriplegic who lives life in a power wheelchair. I was raised to never quit, never give up, and never say I could not do something.

I am well aware that I am not "normal." Am I okay with this? Absolutely! Over the years, God has taught me about my value as His daughter. My identity is independent of others' comfort level of my wheelchair and their acceptance of me.

I have realized that my confidence, passion for life, love for people, and "crippled jokes" break down barriers between the world and me. I know that no matter the circumstances, I have been created by God for tasks much greater than myself. That is why I am now working toward becoming a licensed professional counselor.

Despite my diagnosis, I believe that God can heal me. He allowed, not caused, my disability for His glory, and I have a platform to inspire and encourage others because of it. I have used my gifts up to this point to earn a Bachelor's of Science degree in Psychology from Mississippi College in 2015, win Ms. Wheelchair Mississippi the same year, and then become the Ms. Wheelchair America 2016 1st Alternate.

In 2017, I helped found One Shred of Hope, a non-profit organization for individuals with disabilities, of which I am now the Development Director. My wheelchair has allowed me the opportunity to impact more lives than I ever would have if I could walk. Until God heals me, I will use my wheelchair to change the world!



CONTACT INFORMATION

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SOCIAL MEDIA

Instagram/Twitter: @laurencompere

Facebook/LinkedIn: Lauren Compere



WEBSITE

TeamLC.net



*Lauren
Compere*

Team LC

Lauren Compere's
Health Staff

TeamLC.net

MEET THE STAFF

"I've loved how Team LC has grown my medical knowledge, giving me a leg up as I start med school."

Jasmine S. Calisette

"Working as Lauren's personal care assistant has helped me grow as a future nurse."

Maddie Hall

"Working for Lauren, I've gained a better view of life touched by disability from a person who doesn't operate with a victim mentality."

Whitney Miller

"Lauren has been amazing to work for. As a Pre-PT student, this hands on experience helps prepare me for a multitude of situations I may encounter in the future."

Reed Vincent



TEAM LC

Team LC is Lauren's group of Personal Care Assistants and Skilled Healthcare Providers (staff, interns/externs, & volunteers). Because Lauren has a progressive disorder, her team and family are key elements in furthering her vitality and helping her achieve her aspirations. Because of this, it is very important for Lauren to have dedicated, conscientious, efficient, dependable, and personable individuals on Team LC.

The Mississippi Department of Rehabilitation Services (MDRS) is a state run organization of which Lauren is a client. It is through MDRS that her staff members are paid \$10.50 per hour. Full time Team LC staff members can earn up to \$15.25 per hour.

Students on Team LC may be eligible to receive school credit in accordance with their school's policies.

JOB RESPONSIBILITIES

Direct Care Tasks such as:

- ◆ Assisting with exercises
- ◆ Transfers/Hoyer lift & positioning
- ◆ Assisting with hygiene needs
- ◆ Assisting with bathroom needs
- ◆ Monitoring nutrition & hydration
- ◆ Wound prevention & epidermal care
- ◆ Conducting breathing treatments

Medical Team Tasks such as:

- ◆ Managing correspondence
- ◆ Taking notes & following up on treatment plans
- ◆ Scheduling appointments

Clerical Tasks such as:

- ◆ Checking & updating calendars
- ◆ Driving van
- ◆ Medical record upkeep
- ◆ Filling out forms & applications
- ◆ Organizing & cleaning home and van
- ◆ Maintaining medical equipment

Visit TeamLC.net for a more detailed list.

This list of tasks is not exhaustive. These and other tasks may be required as determined by needs and circumstances.

